

The FLCC is excited to announce Foundation for Whole Cat Wellness, an evening with Cat experts Dr. Sue Swanson (Cat Care Clinic) and Sage Lewis (Dancing porcupine). November 5 from 6-9 PM. Leave your kitties at home and enjoy an evening of lecture, discussion and hands-on demonstrations. Topics covered will include:

- Diet
  - Flower Essences
  - Tellington TTouch
  - Animal Communication
- The Cost is \$60. Register with Sage - space is limited  
[Sage@DancingPorcupine.com](mailto:Sage@DancingPorcupine.com) or 612-817-4473 or

**The following is an example of some of the information you will receive.**

**Introduction to Animal Communications** by Sage Lewis: I thought I was nuts when I first heard it. At my feet was a sweet little beagle wagging vigorously – screaming “HEEEEEELLLLPPP!” at the top of her lungs. From there, it grew into something far more understandable and magical.

There are many ways to communicate with animals, plants and humans, but they all require the same thing – to share ourselves from that connected state of awareness., it took me a few years to believe and trust in what I was receiving, but what I came to realize was that there is voice all around us – we just need to fine tune our skills to be able to listen.

We all carry this ability; we’ve just learned to shut it down over the years. It’s time to unfold the gifts that lie within us. There’s a whole world out there waiting to be heard.

The animals have been waiting patiently for us. It’s time.

**Telepathy=Feeling From a Distance:**

As we relax into a quieter, more tranquil state of being, our logical mind slows down. Our habitual ways of seeing the world shake loose and we become more receptive to perceiving in different ways – a more intuitive state of being – one that is naturally capable of telepathy.

The word telepathy comes from *tele* meaning distant or far away, and *pathy*, meaning feeling or perception. It transcends the way we normally understand time and space. With telepathy, we can expand our awareness to connect on inner levels with any other being.

We can receive telepathic information from animals in many ways – visual images (picture/movies within the mind); inner feelings (an ache in the body that corresponds to an animals body or sensing emotional feelings); inner hearing (what an animal is hearing, or hearing an animal’s thoughts within the mind); or intuitive flashes (a sudden “knowing”). Then we must translate what we receive so it makes sense.

combinations thereof. Don’t judge what you get or wonder if it is “right.” It is what it is! Allow the full message to come to you before you send a second message.

**The Basics: Four easy steps:**

**1)Attuning: Moving Into Deeper Relationship:** Close your eyes, breathe deep and allow the center of your being – you heart, your mind, and your soul – to connect with your animal. Feel your animal connecting to you. Sense the flow between the two of you. Let the adventure unfold!

**2)Stating your Intention:** Connecting more deeply and asking questions directly. You can use words (I'd like to talk to you) or images (picture yourself conversing) or feelings (feel your desire to communicate), or all three. Allow yourself to be in that place that genuine desire to connect and ask away!

**3) Receiving:** Let go and trust. Welcome any and all feelings, sensations, images, words, smells, tastes or combinations thereof. Don't judge what you get or wonder if it is "right." It is what it is! Allow the full message to come to you before you send a second message.

**4)Closing, Giving thanks:** Offer warm feelings and thanks as you end your conversation. By thanking your animal, you acknowledge your appreciation and make first contact something you can build upon.